

Small Changes, Big Results

A Little Makes a Big Difference!

Over the course of one year, if you...	Your savings could...
Skipped your morning latte just once a week	Provide 5 days of early care and education for a pre-kindergarten student
Rented two films each month instead of going to the movies	Ensure a home-delivered meal to 18 elderly residents
Refilled your water bottle daily instead of buying a new one	Tutor 36 at-risk youth for one hour after school
Gave yourself a weekly manicure/pedicure instead of going to the salon	Match 32 at-risk youth with adult mentors
Brought your lunch to work every day	Provide one week of care for 15 homeless children